

Application Form for Voluntary Gambling Exclusion (Switzerland/Liechtenstein)

in accordance with Article 80(5) of the Swiss Gambling Act (*Geldspielgesetz – BGS*)

Dear Sir or Madam

I hereby request a self-imposed gambling exclusion for all Swiss casinos and, as of January 7, 2025, also for all Liechtenstein casinos. Enclosed, you will find a copy of my valid official identification (ID card, passport, Swiss driver's license, or foreigner's residence permit).

I acknowledge that this gambling exclusion is valid indefinitely for all Swiss and Liechtenstein casinos. It excludes me from casino games (both land-based and online) as well as from large-scale online games (such as Lotto, EuroMillions, etc.). This exclusion can only be lifted after a minimum of three months and under the conditions outlined on page 4-5.

The form can be sent to the following address:

Grand Casino Kursaal Bern AG
Abteilung Sozialkonzept
Kornhausstrasse 3
3000 Bern 22

Personal details

Last name	_____	First name	_____
Street	_____	Postcode, town/city	_____
Date of birth	_____	Nationality	_____
Telephone number	_____		
Date	_____	Applicant's signature	_____

Enclosed copy of proof of identity

Passport ID card Driving licence Foreign national identity card (A B C D L)

Confirmation of gambling suspension

No, I do not require a written confirmation of the gaming ban.
 Yes, please send a confirmation by post to my normal address – see above.
 Yes, please send a confirmation by post to the following address:

Last name	_____	First name	_____
Street	_____	Postcode, town/city	_____

Comments

Answering the following questions is optional. The information you provide will help us to improve our social responsibility policy. It goes without saying that all information will be treated confidentially.

What is your personal view of the timing of the gambling suspension (only tick one box)

- Preventive Just in time Too late*

***If its "too late", why?**

Family situation

Marital Status Single Married Divorced Widowed _____

Children No
 Yes → number and year of birth _____

Job situation

Employed Self-employed Unemployed Recipient of OASI/IV
 Homemaker Social assistance Apprenticeship _____

Profession / Sector _____

Reason for gambling suspension (multiple answers possible)

- Preventive
 Spent too much time at the casino
 Lost too much money at the casino
 Betting amounts that are out of proportion to my income and assets
 Financial problems - If so, because of gambling at the casino other reasons
 Debts - If so, because of gambling at the casino other reasons
 Problems at work - If so, because of gambling at the casino other reasons
 Family problems -If so, because of gambling at the casino other reasons
 No control over gambling behaviour
 At the request of family members/third parties
 Other _____

Financial costs No Yes (if yes, which one(s))

Child alimony Loan
 Maintenance payments Debts _____

Comments (total amount / rate amount / other) _____

Do you play other gambling games No Yes (if yes, which one(s))

Poker outside of casinos Betting Scratch cards (tactilos, etc.)
 Online casinos Lotteries _____

Which casino did you play at

Casino name(s) _____

How long do you spend at the casino during each visit?

< 1 hour 1 – 2 hours 3 – 4 hours 5 – 7 hours > 7 hours

How often do you visit the casino?

< 1x per week 1 – 2x per week 3 – 4x per week 5 – 7x per week > 7x per week

Type of gambling at the casino (Multiple answers possible)

Black Jack Roulette Slots _____

Average amount bet during each casino visit

CHF _____

FO Self-Assessment on the risk of addiction DSM5

Last name: _____ First name: _____

Date of the gaming ban: _____

Completing the questionnaire is voluntary.

Nr.	criterion	Yes	No
1.	Do you often engage with the idea of going to the casino? (e.g. went to the casino instead of working or other duties)		
2.	Have you noticed a change in how you play for higher stakes and spend longer periods of time in the casino?		
3.	Have you often gambled even more than you intended to? Or did you go to the casino after all, even though you wanted to take a break for a while?		
4.	Do you often play to distance yourself from other problems (workplace, relationships, etc.).		
5.	When you gamble: do you often try to win back the money you lost?		
6.	Have you ever claimed to have won money when in fact you have lost?		
7.	Have you tried going to the casino less or taking less gambling money with you, and have you become nervous or anxious in the process?		
8.	Have you ever had arguments with the people you live with about how you handle money in relation to gambling?		
9.	If you suffer losses in gambling that you cannot afford, do you have people in your close family or circle of acquaintances who can help you out materially?		
	TOTAL		

Evaluation

- 0 points: unproblematic play behaviour
- 1-3 points: subclinical disorder due to gambling
- ≥ 4 points: gambling disorder (mild, moderate, severe)

Information Sheet on Gambling Bans

Principles and Legal Basis

Casinos are legally required to impose a gambling ban if there is a suspicion that a person is over-indebted, fails to meet their financial obligations or risks stakes that are disproportionate to their income and assets. Casinos also exclude individuals from gambling if they know or must assume, based on a report from a specialized agency or social authority, that these individuals suffer from gambling addiction.

Players also have the option to self-exclude at any time. A self-imposed gambling ban lasts for at least three months.

The legal basis for imposing and lifting gambling bans are the following provisions:

- Articles 80 and 81 of the Federal Act on Gambling (Gambling Act, FGA),
- Article 84 of the Gambling Ordinance (Gambling Ordinance, GO).

The gambling ban is recorded in a national register covering Switzerland and, as of January 7, 2025, also Liechtenstein. Access rights to this register are legally regulated. A gambling ban is generally imposed for an indefinite period and applies to all Swiss casinos, as well as Liechtenstein casinos starting January 7, 2025. It excludes individuals from casino games (both land-based and online) and large-scale online games (such as Lotto, Euromillions, etc.).

Conditions for Lifting a Gambling Ban

A request to lift a self-imposed gambling ban can be submitted no earlier than three months after its imposition. For a mandated gambling ban, a request can be made as soon as the reason for the ban no longer applies. The request must be made in writing by the affected person.

The request must be addressed to the casino that imposed the gambling ban. If that casino no longer exists (Biel, Thun, Gstaad, Saxon, Rheinfelden, Weggis), the data of banned players is transferred to the nearest casino. In such cases, the request must be directed to that casino.

The following documents are required to lift the ban:

1. A signed written request for lifting the ban.
2. A valid ID copy (passport, ID card, Swiss driver's license, residence permit).
3. An extract from the debt enforcement register, not older than one month.
4. Bank statements for the previous three months, detailing all transactions and balances.
5. Proof of current income:
 - Payslips for the last three months, or
 - For self-employed individuals: balance sheet and profit-and-loss statement for the last two years or the latest tax assessment.
6. Proof of rent and health insurance payments for the last three months if not visible on the extracts from the bank statements.
7. For married individuals or those in a registered partnership:
 - A written consent declaration from the partner.
 - A valid ID copy of the partner.
8. For individuals without their own income (e.g., housewives/househusbands):
 - A written consent declaration from the financial supporter.
 - A valid ID copy of the financial supporter.
 - Proof of the current income of the financial supporter.
9. Any evidence of assets (e.g., savings account).

Procedure

Upon receipt of the complete request to lift the gambling ban, the submitted documents will be carefully reviewed. If the reasons for the ban still exist or the conditions of Articles 80, paragraph 1, letters a and b of the FGA are met, the request will be denied. Otherwise, the applicant will be invited to a lifting interview.

This interview takes place at the [Bern-Mittelland Regional Center of Berner Gesundheit](#). It is conducted by a social concept officer from Grand Casino Bern and a specialist from Berner Gesundheit.

During the interview, the following will be assessed:

- Whether sufficient financial resources for gambling are available, and
- Whether the reasons leading to the gambling ban no longer exist.

The applicant confirms by signing that:

- they have been informed about the procedure,
- they have submitted all required documents, and
- the information provided is truthful.

Based on the interview report and submitted documents, the management decides whether to lift the ban. The decision is communicated to the applicant in writing.

Negative Decision

If the request is denied or the affected person refuses to cooperate, the gambling ban remains in effect. A new request can be submitted at a later time.

Violation of the Gambling Ban

Attempts to circumvent the gambling ban may lead to legal consequences, including potential charges for trespassing under Article 186 of the Swiss Penal Code (SPC).

Questions and Advice

If you have any questions, please contact our Head of Social Concept at 031 339 55 98 or by e-mail at sozialkonzept@grandcasino-bern.ch.

For personal and professional advice, you can contact Berner Gesundheit free of charge at 031 370 70 70.

You can obtain practical and legal advice on debt from the Bern Debt Advisory Service at 031 372 30 13.

More information is available online at www.careplay.ch.